Centered Leadership



Leading from the Middle of Your Organization

Another Leadership Session by Rich George, The NOI Coach and Your Success Coach

About This Session: If you have a boss and you are a boss, then you are a middle manager. It is exhausting to lead from the middle. In this session participants will obtain the skills to not only lead down and laterally, but learn the important skill set of leading up. Rich will share the seven skillsets necessary to be an effective 'centered leader'. This thought provoking and inspiring session challenges the way we think about our roles regardless of our title.

Learning Objectives:

- A. Participants will deconstruct the elements of being a middle manager or leader
- **B.** Participants will learn the nuances of leading not only down, but laterally and upwards to their supervisors
- C. Participants will learn how to deploy the Seven Skillsets of a Centered Leader

Session Outline: In this thought inspiring session, participants will be inspired to embrace the power that they have while leading from the center.

- Introduction to session and topic
 - a. What is a Middle Manager or Leader
 - b. What makes middle management so
- II. Leading Down and Laterally
 - a. Mindful Leadership Skills
 - The Four Considerations of Leading from the Center of an organization
- Leading Upwards to your Supervisor or III. Leader
 - a. Discover how to "Just Be"
- IV. The Seven Skillsets of a Centered Leader
 - a. How to "FINANCE" your way to being an effective and exceptional Centered Leader.
- Conclusion and Summary
 - a. Centered Leadership Takes Heart
 b. Embrace the "Discomfort Zone"
 c. Wrap Up and Q&A

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Rich George is the Founder of NOI Coach, a business coaching, consulting, and training firm based in Michigan and is the owner of Blue Door Apartments. A successful executive with over 30 years of experience, Rich brings a passion for employee development and culture building. Rich's background includes the management of over 2.5 billion dollars of real-estate, and over 250 million dollars of capital re-investment. Known for his team building, culture changing, and leadership skills. Rich inspires audiences nationwide.